



*An Educational Experience Designed for and by APPs on the
Frontline of Modern Practice*

January 13, 2024

THE FUTURE STATE OF PSYCHIATRIC HEALTHCARE

Advanced practice professionals (APPs) are essential in addressing the increasing need for mental health services

- >150 million people live in areas with a **shortage of mental health professionals**¹
- **0.2% change in the number of psychiatrists 2016-2021**²
 - 62% are age 55 or older³



1. Weiner S. A growing psychiatrist shortage and an enormous demand for mental health services. Association of American Medical Colleges (AAMC). August 9, 2022. Accessed December 26, 2023. <https://www.aamc.org/news/growing-psychiatrist-shortage-enormous-demand-mental-health-services>. 2. Percentage change in the number of active physicians by specialty, 2016-2021. AAMC. Accessed January 8, 2024. <https://www.aamc.org/data-reports/workforce/data/percentage-change-number-active-physicians-specialty-2016-2021>. 3. Active physicians by age and specialty, 2021. AAMC. Accessed January 8, 2024. <https://www.aamc.org/data-reports/workforce/data/active-physicians-age-specialty-2021>.

THE VOICE OF ADVANCED PRACTICE PROFESSIONALS

BY THE NUMBERS

- Certified physician assistants (PAs) change between 2017 – 2021: **29%¹**
- PAs specialized in psychiatry: **2%¹**
- Number of licensed nurse practitioners (NPs): **385,000²**
- Number of new NPs that completed programs in 2020 – 2021: **>36,000³**
- Average number of prescriptions written by NPs each day: **21⁴**

1. National Commission on Certification of Physician Assistants (NCCPA). 2021 statistical profile of certified PAs. Accessed December 26, 2023. <https://www.nccpa.net/reports/2021-statistical-profile-of-certified-pas/> **2.** American Association of Nurse Practitioners (AANP). AANP national nurse practitioner database. 2022. Accessed January 10, 2024. **3.** American Association of Colleges of Nursing (AACN). 2021-2022 Enrollment and Graduations in Baccalaureate Graduate Programs in Nursing. AACN; 2022. **4.** American Association of Nurse Practitioners. 2022 AANP national nurse practitioner workforce survey—preliminary analysis. 2022. Accessed January 10, 2024.

DISTRIBUTION OF NPS BY PRIMARY CERTIFICATION AREA⁴

Family	70.3%
Adult-gerontology: primary care	8.9%
Psychiatric/Mental Health	6.5%
Adult-gerontology: acute care	6.1%
Adult	5.7%
Acute care	2.9%
Pediatrics: primary care	2.4%
Women's health	2.2%
Gerontology	0.9%
Pediatrics: acute care	0.6%
Neonatal	0.5%

* The sum of all percentages is greater than 100% because some NPs have more than one certification

REAL PSYCHIATRY

- Education **for and by advanced practice professionals** is key as the advances in psychiatry continue to emerge
- Faculty have been **selected to mirror our profession:**
 - Recent graduates to seasoned practitioners
 - Diverse practice settings across the United States

